

# reflection

***“Before you were born I consecrated you.”*** (Jeremiah 1:5)  
*While being formed in our mum’s womb, God gave every person a purpose! A purpose to live in relationship with God and others.*

Take a few minutes to think about *your* purpose. Each human person is created for relationship and is called to love themselves, others and God. What does that mean for the way we treat ourselves, God and others? Write down your thoughts about how this important message will change your relationships with other people. As a way to connect with God you might also like to write a prayer.

