

What are 6 things that trusted adults can do to help **keep you safe** while you are online?

Choose from the following words to fill in the blanks in the following sentences:
private | **real life** | **block** | **report** | **public** | **age**.

1. Have accounts set to _____.
2. Delete people you don't know in _____.
3. _____ people who make you feel uncomfortable with things they say or do.
4. _____ nasty messages or people.
5. Remind us to stay in _____ places when on devices.
6. Stick to the _____ restrictions of apps, games and social media.

How old do you have to be to have most forms of social media?

Who are some people or organisations you can go to for **help** if you experience nasty messages or inappropriate behaviour online?

- ☐ The social media platform.
- ☐ The e-Safety Commission.
- ☐ Trusted adult.
- ☐ Kids Helpline.