

**Cyberbullying** can be a scary thing to deal with on your own. It's important you know what to do if you, or someone you know, is being cyberbullied.

After listening to the story about Derek and George answer the following questions.

What could have been done to help keep Derek safe?

(Tick **all** the ones that are correct. There are 5 correct answers.)

- ☐ Don't take photos or video of people without their permission (ask for consent).
- ☐ Laugh at Derek and keep writing nasty comments.
- ☐ Try to stop the filming in the first place.
- ☐ Ask George (in private) to take the video down.
- ☐ Gather some evidence, like a screenshot, to show an adult.
- ☐ Keeping sharing the video with other friends who haven't seen it.
- ☐ Send Derek a DM (direct message) teasing him about his dance moves.
- ☐ Talk to a trusted adult about what you've seen.
- ☐ Ask Alex to take some more videos of Derek and others for a laugh.

How can you beat the bully? **I BET** you can.

(Tick **all** the ones that are correct. There are 4 correct answers.)

- ☐ Block or delete the person.
- ☐ Be nice to the person and hope they stop being nasty to you.
- ☐ Encourage friends to be nasty to the person who's bullying you.
- ☐ Ensure you keep the evidence.
- ☐ Tease the person who is bullying you so they know how it feels.
- ☐ Ignore bullying behaviour.
- ☐ Include them in group chats.
- ☐ Keep it to yourself and hope they stop doing it.
- ☐ Tell a trusted adult.