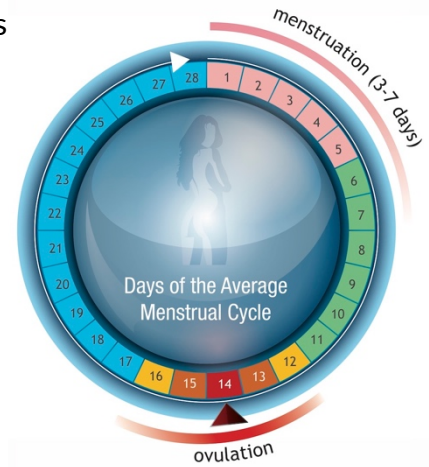


ACTIVITY: Learning Point 3 (4.3 LP3 PQ1)

An exciting, and sometimes scary, part of growing up for females is getting your period or "**menstruation**". What do you know about these 2 important phases in the menstrual cycle?

1. What do you know about the **period** phase?



2. What do you know about the **ovulation** phase?